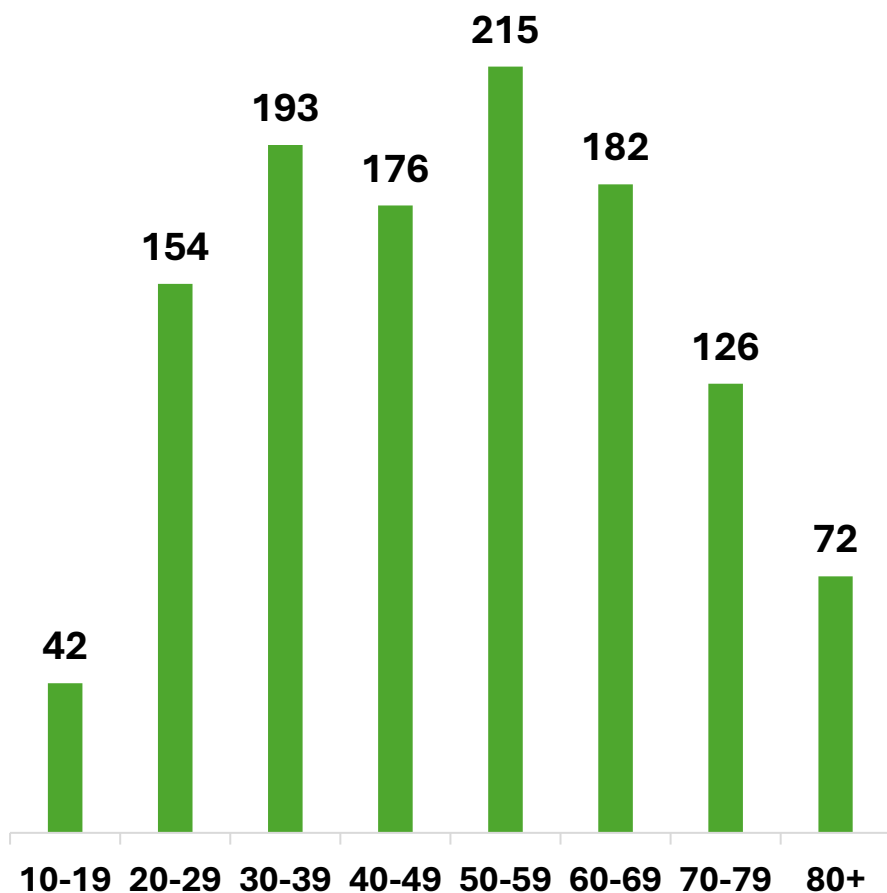


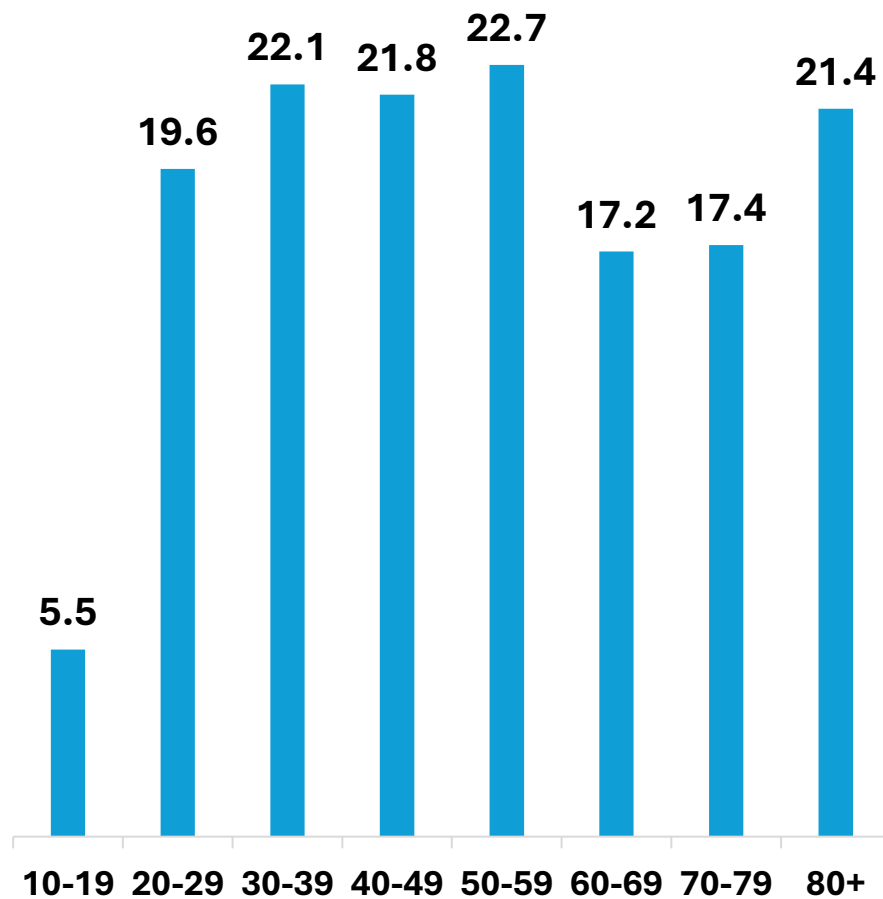
Supplemental Data

The rate of suicide deaths is highest among adults ages 30-39 and 50-59 years.

Number of Maine Suicide Deaths by Age Group, 2021-2025

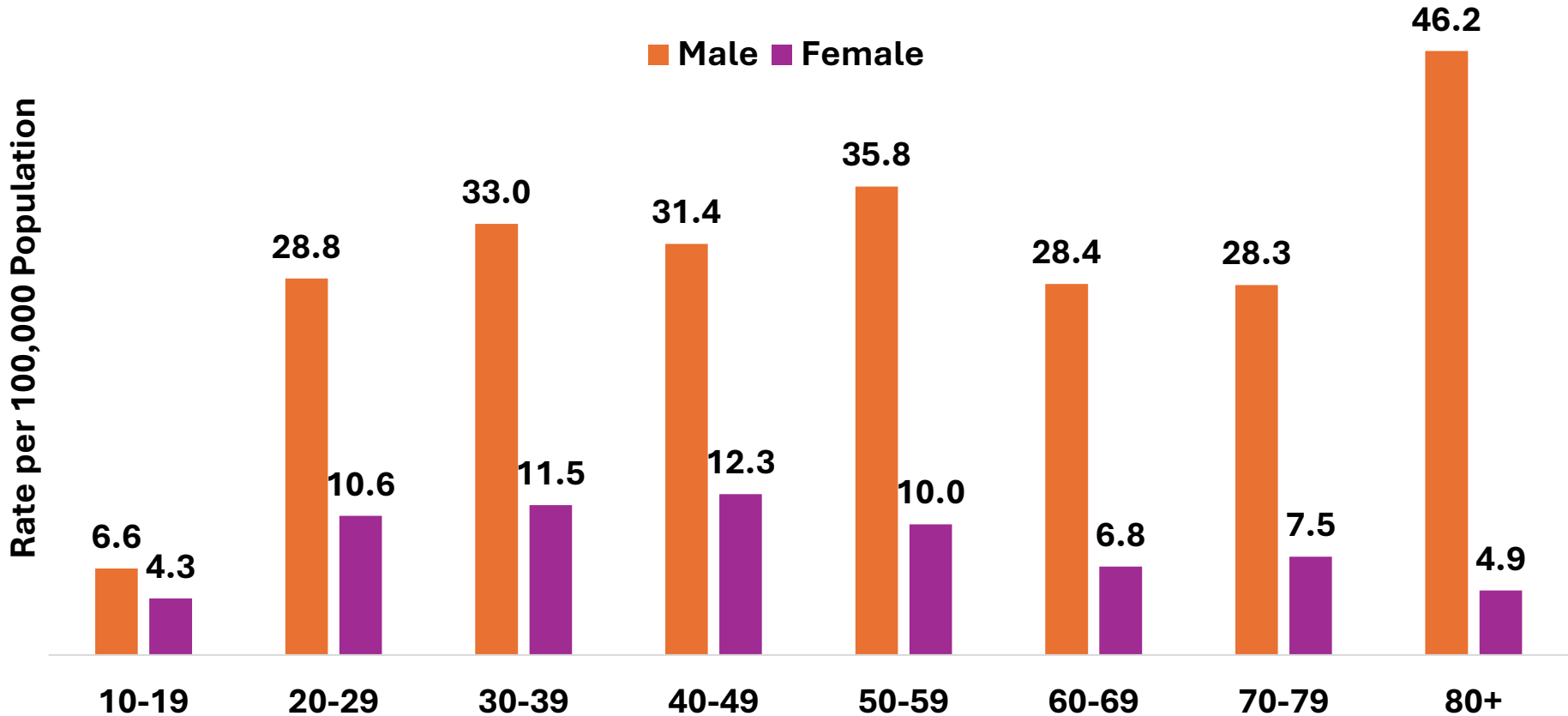


Average Rate of Maine Suicide Deaths by Age Group, 2021-2025



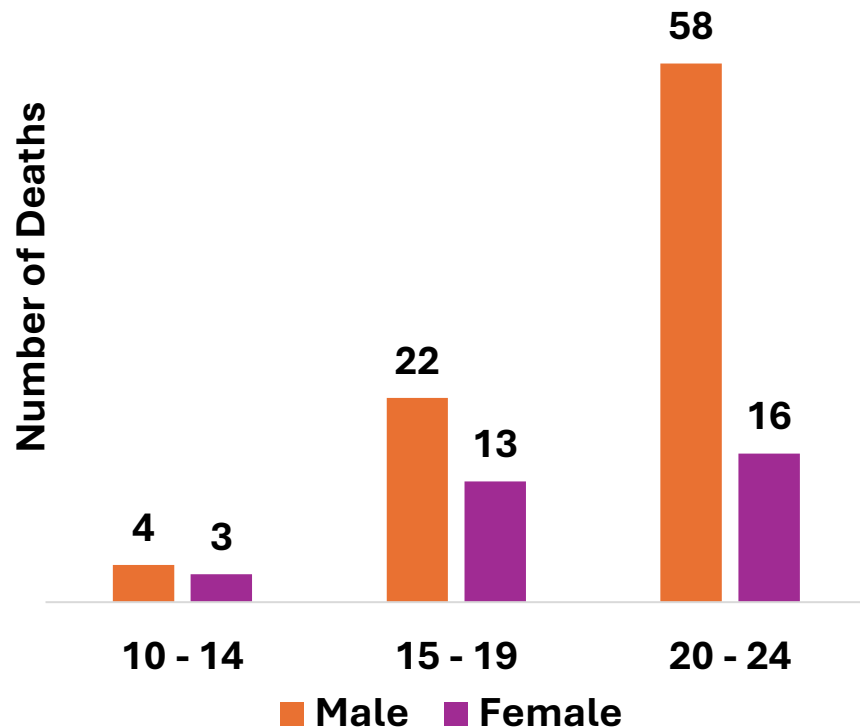
Men consistently have higher suicide rates than women. Among men the rate is highest in ages 80+; among women the rate is highest in ages 40-49.

**Average Rate of Maine Suicide Deaths by Age Group and Sex,
2021-2025**

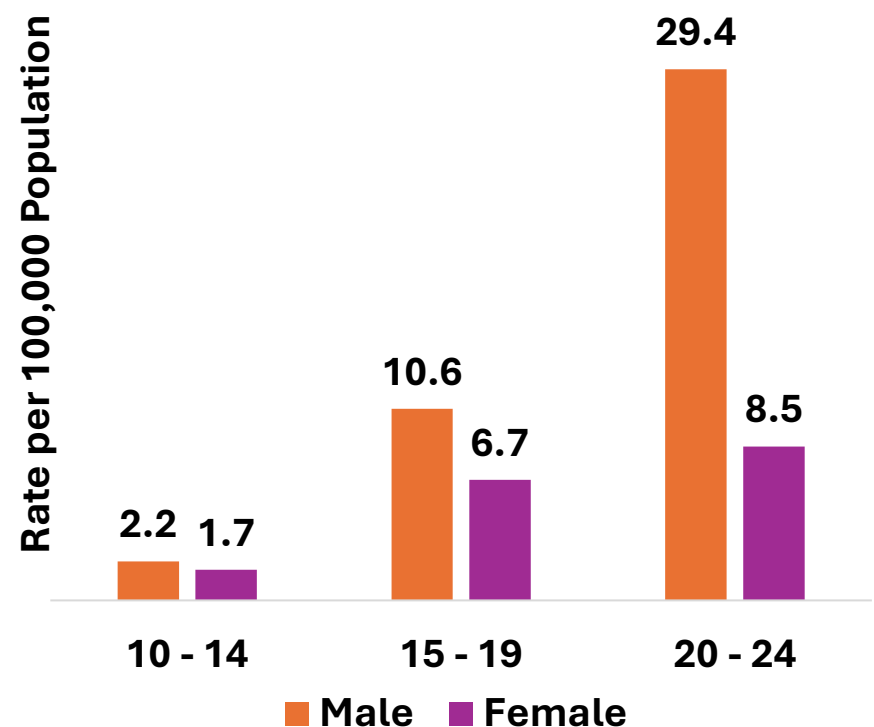


Suicide death rates are consistently higher among boys than girls. Among youth, deaths are highest among ages 20-24 for both boys and girls.

Number of Maine Youth Suicide Deaths by Age Group, 2021-2025

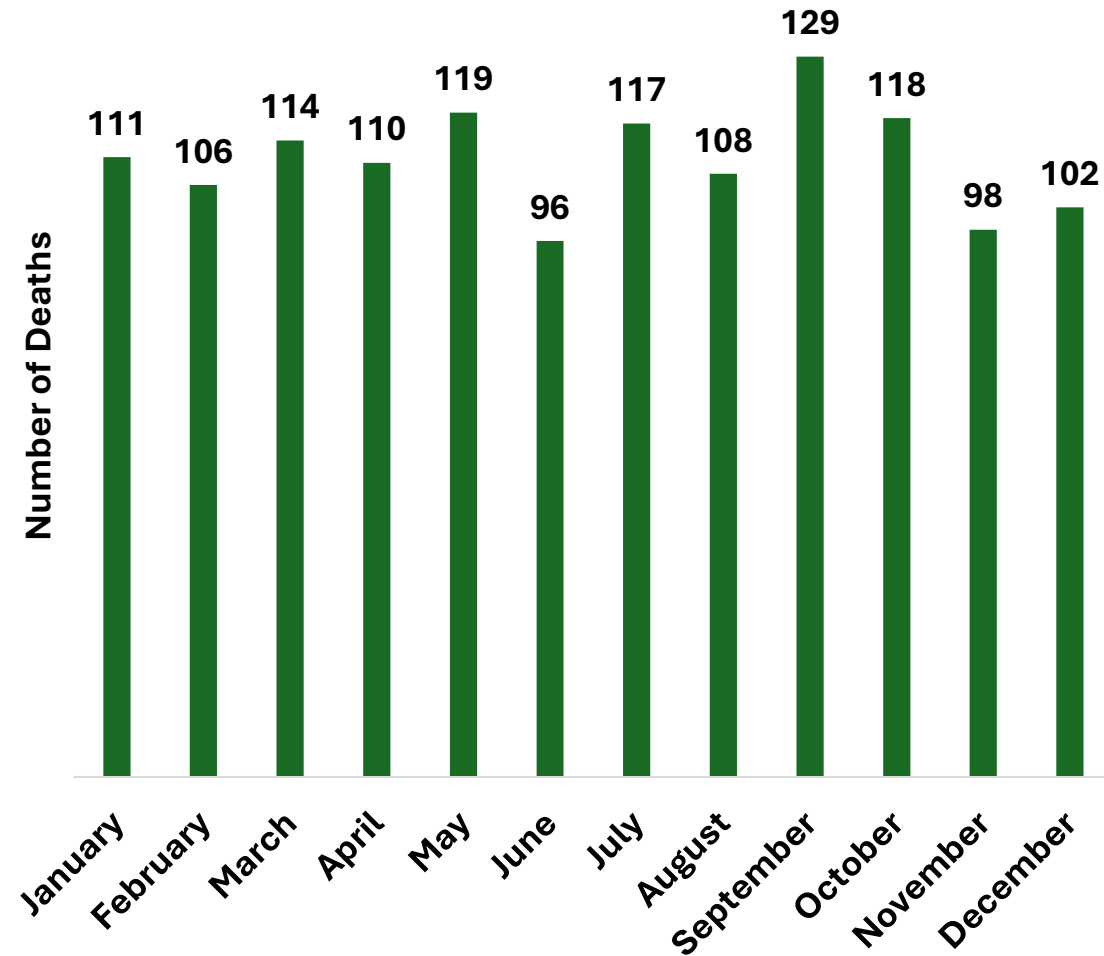


Average Rate of Maine Youth Suicide Deaths by Age Group, 2021-2025

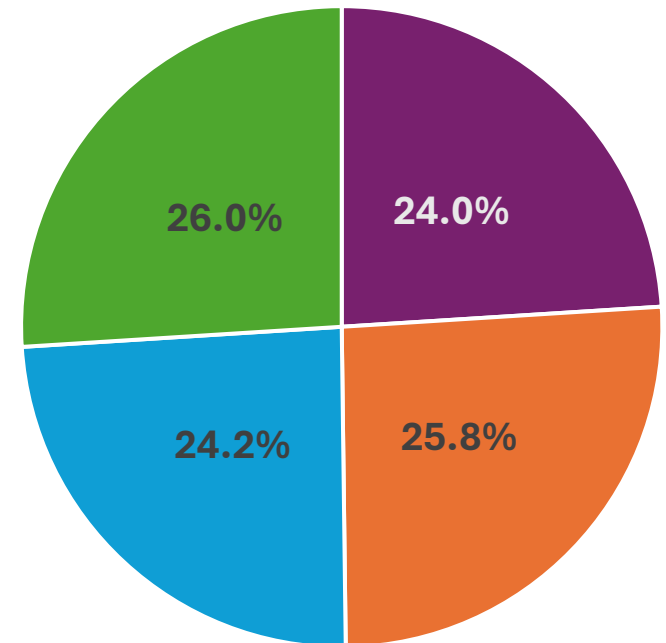


There are no significant seasonal differences in suicide deaths among all age groups.

Total Lifespan (10+) Suicide Deaths by Month, 2020-2024



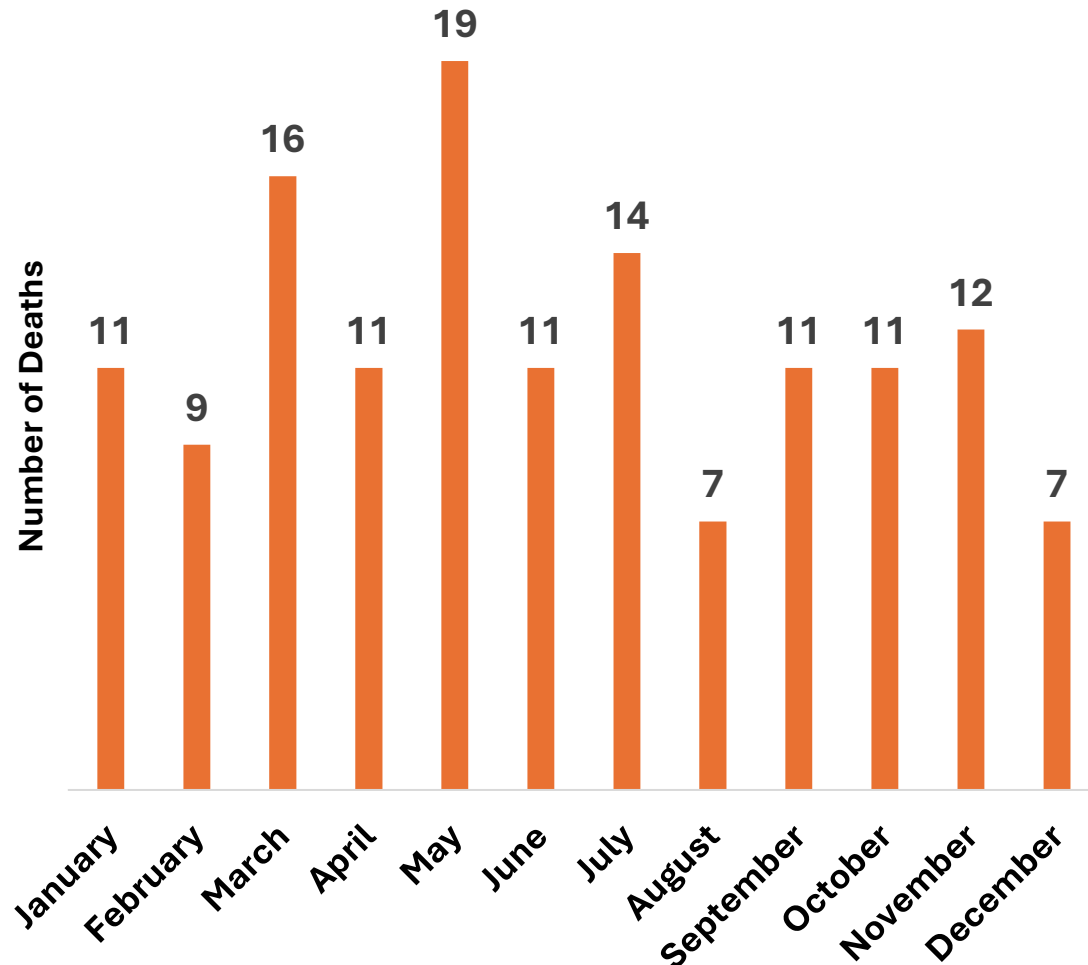
Percentage of Lifespan (10+) Suicide Deaths by Season, 2020-2024



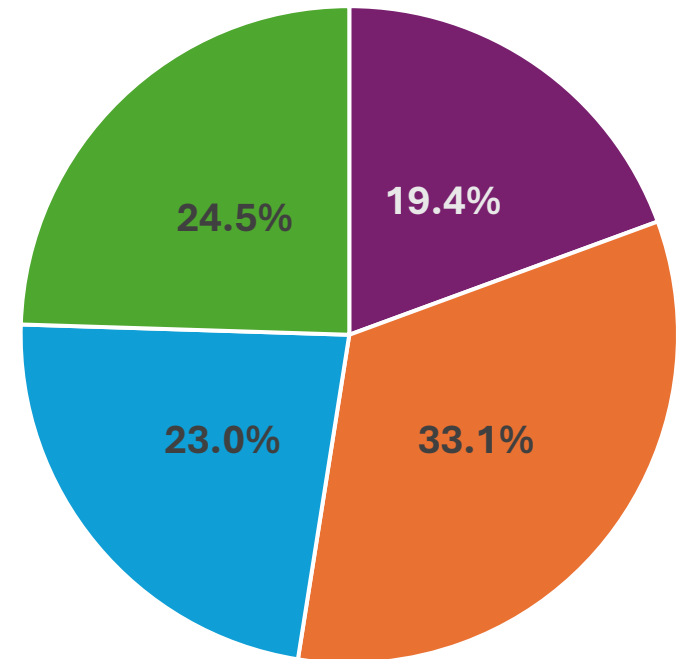
- Winter = December, January, February
- Spring = March, April, May
- Summer = June, July, August
- Fall = September, October, November

Among youth, deaths are slightly more common in the **spring**.

Total Youth (10-24) Suicide Deaths by Month, 2020-2024

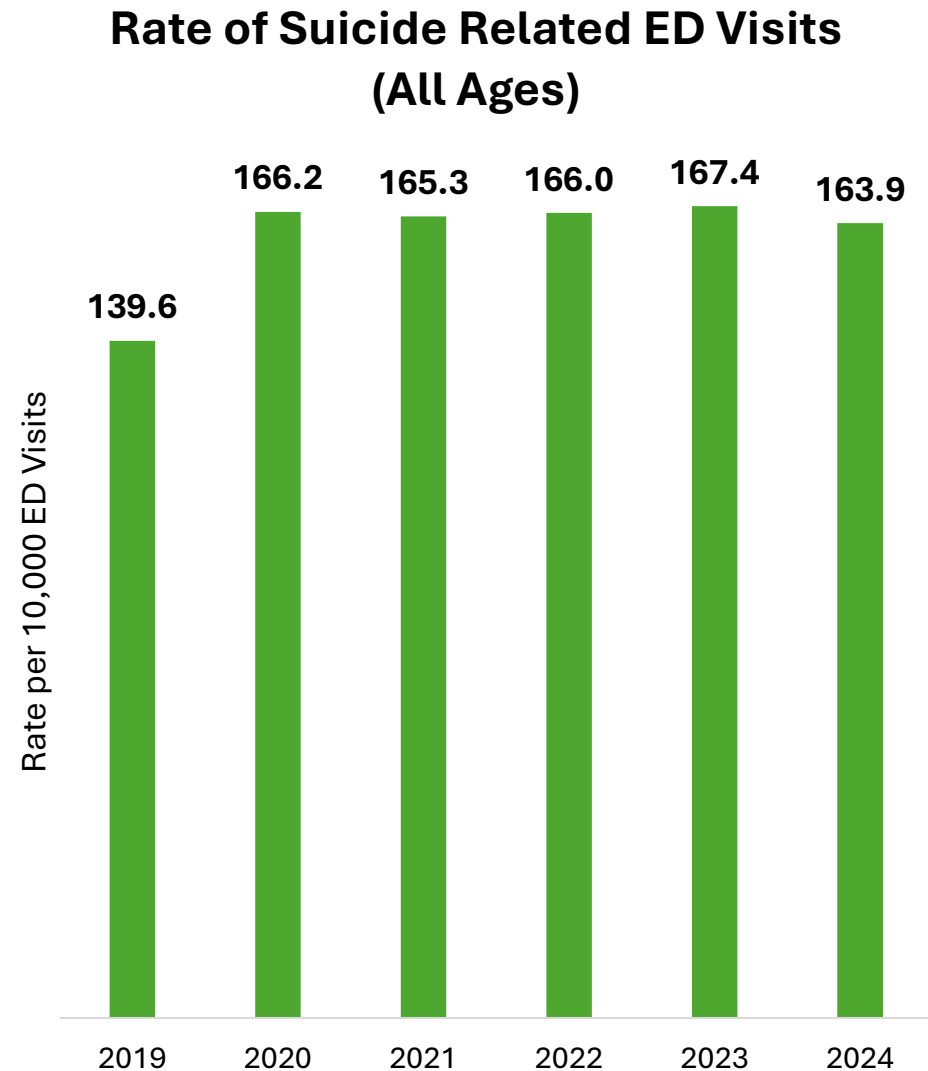
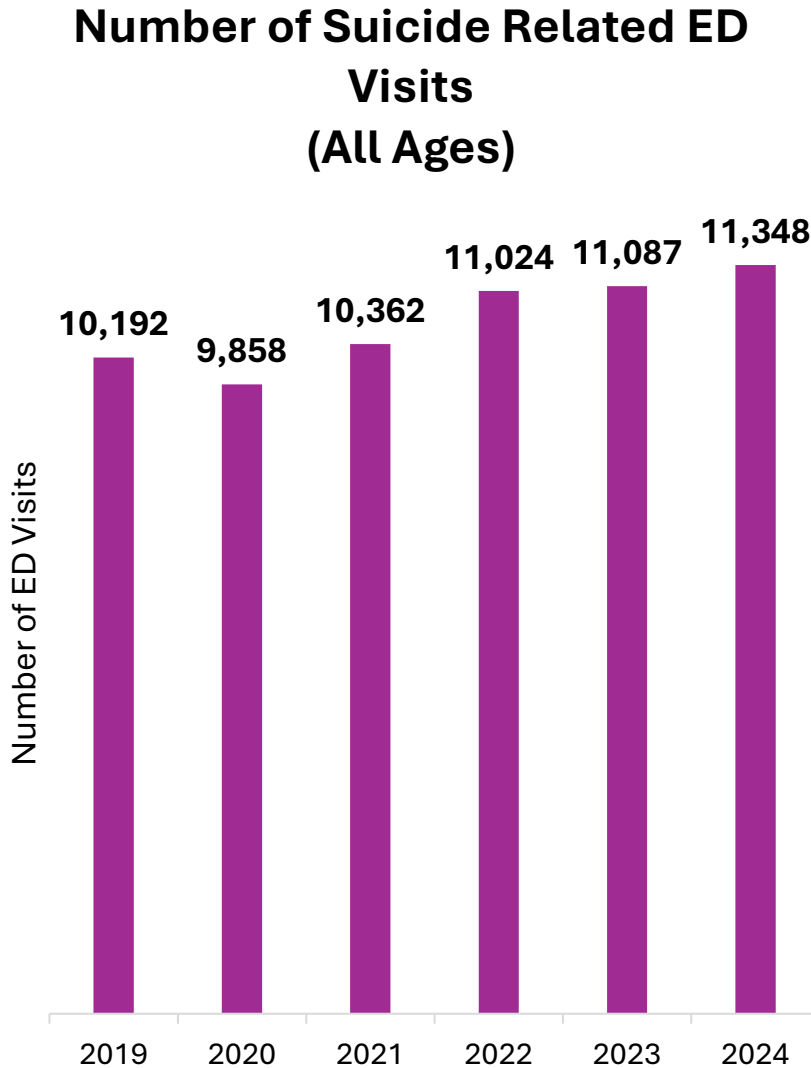


Percentage of Youth (10-24) Suicide Deaths by Season, 2020-2024



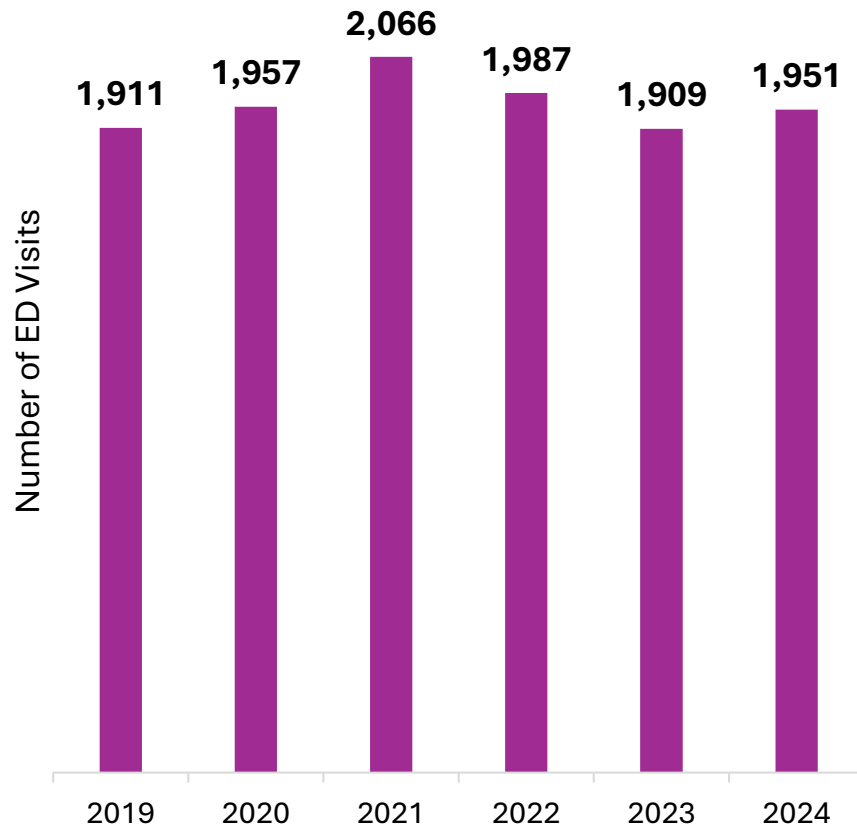
- Winter = December, January, February
- Spring = March, April, May
- Summer = June, July, August
- Fall = September, October, November

The number of suicide related ED visits has increased every year since 2020. Rates of ED visits have been relatively stable since 2020.

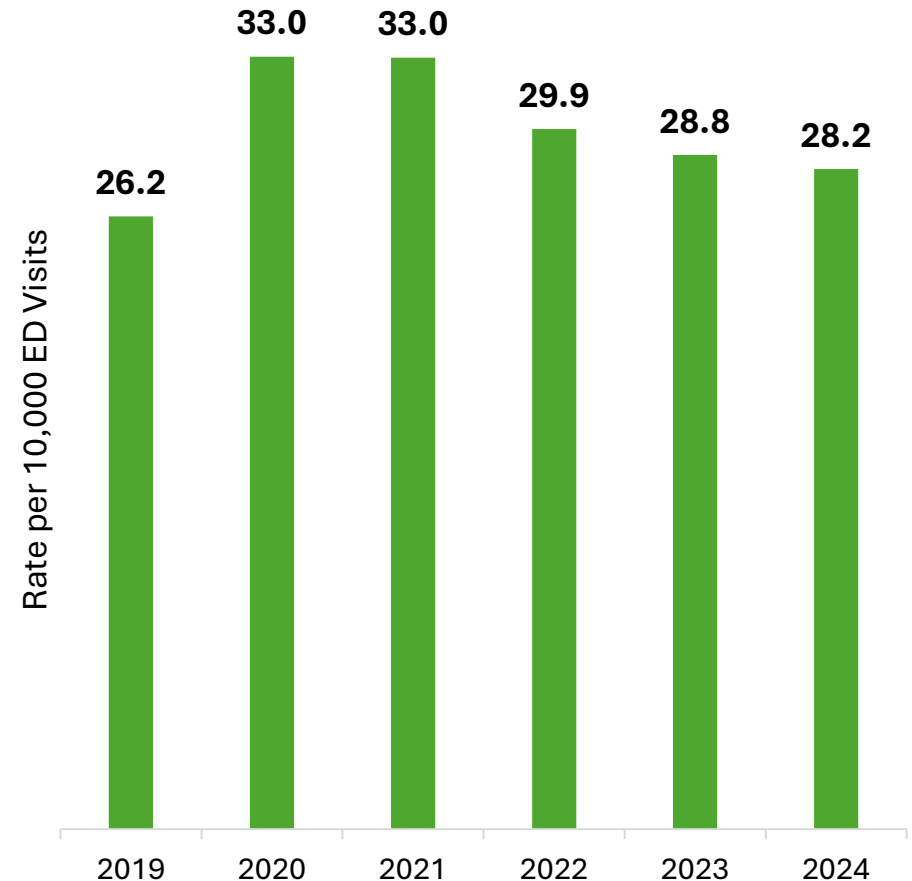


The rate of ED visits due to **suicide attempts** was highest in 2020 and 2021 but has stabilized in recent years.

Number of Suicide Attempt ED Visits (All ages)

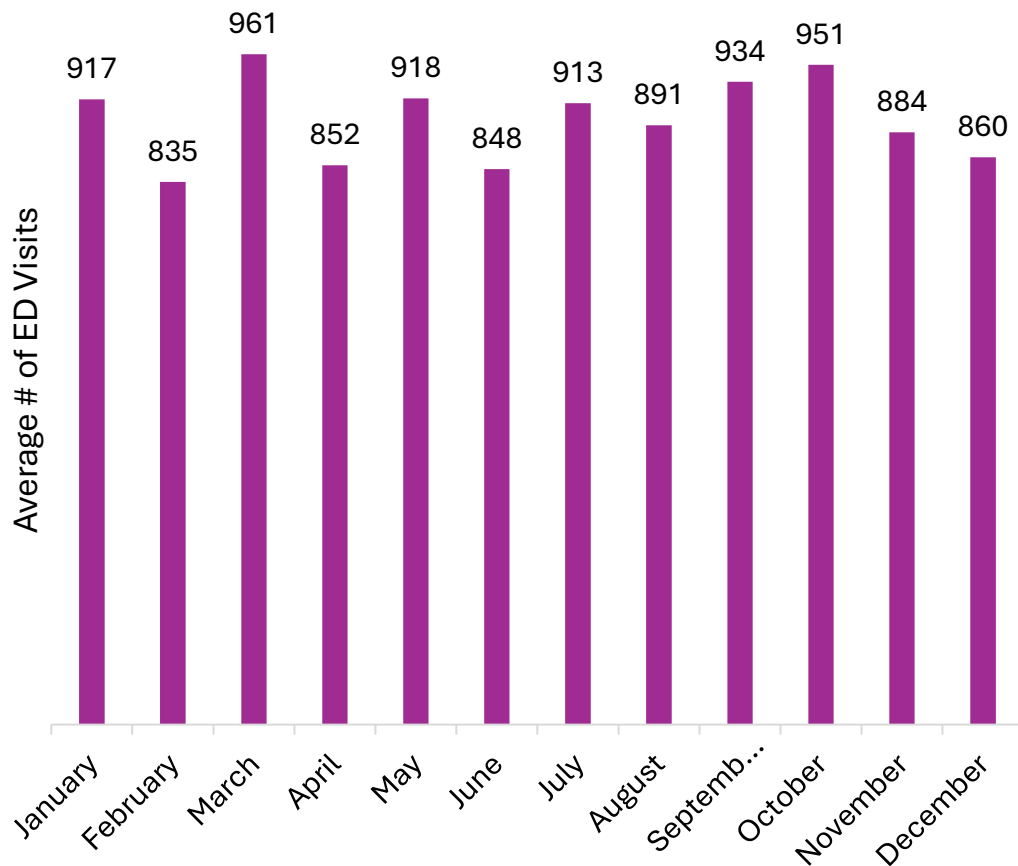


Rate of Suicide Attempt ED Visits (All ages)

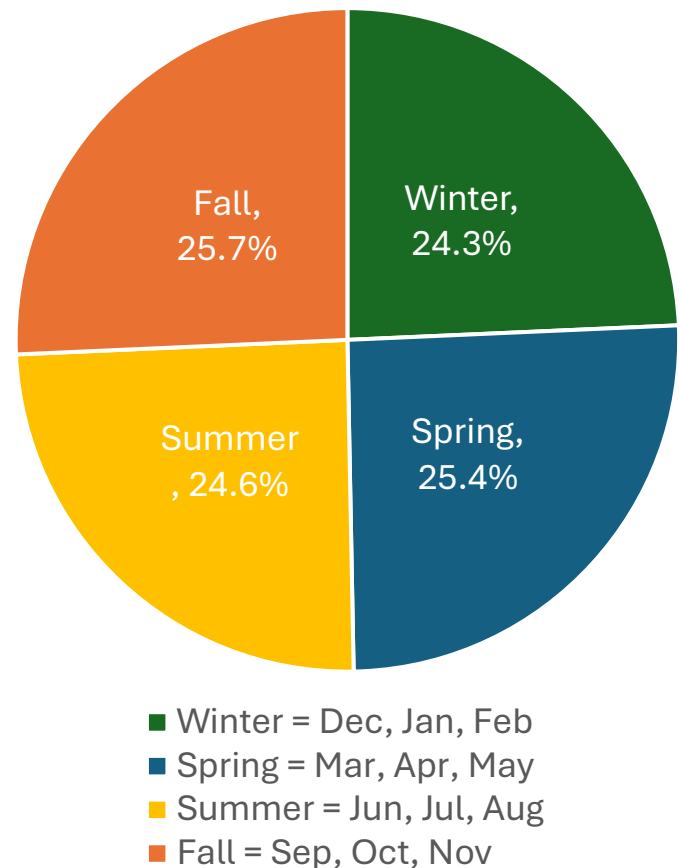


There are no significant seasonal differences in ED visits for **ideation** and **attempts**.

Average Suicide ED Visits per Month
(All ages), 2020-2024

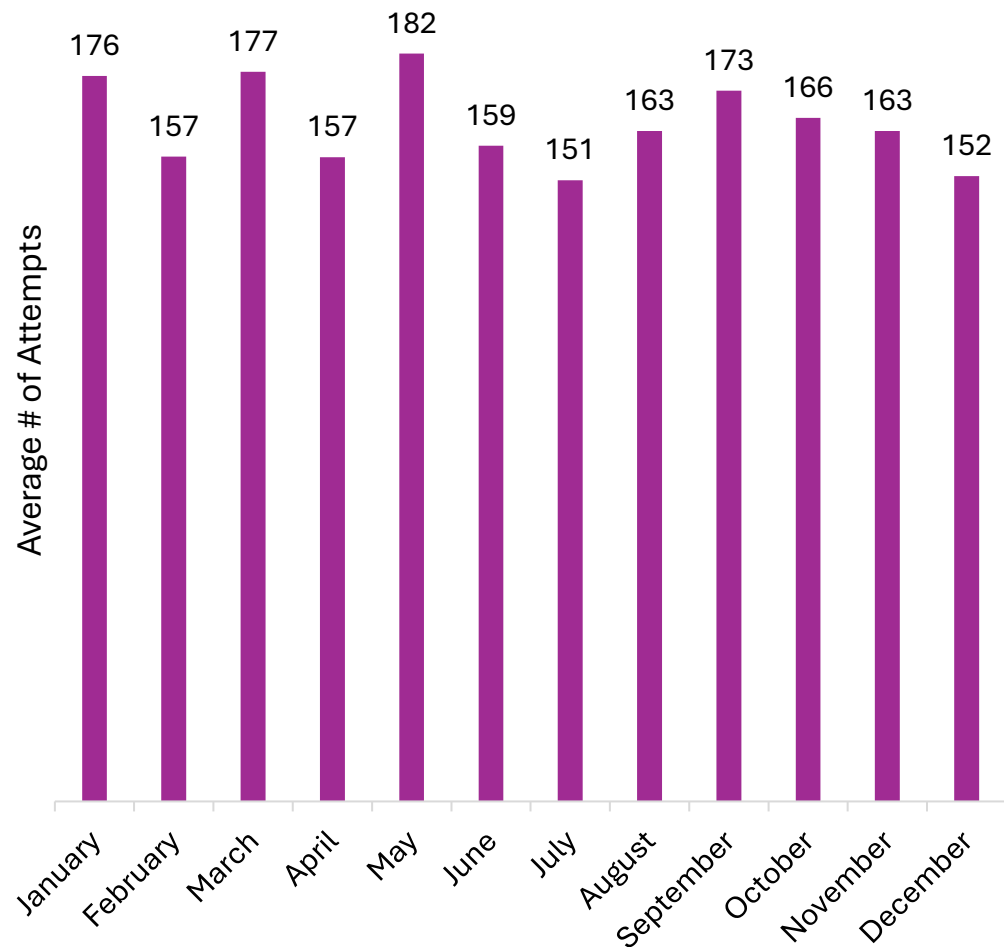


Percentage of Suicide ED Visits by Season, 2020-2024

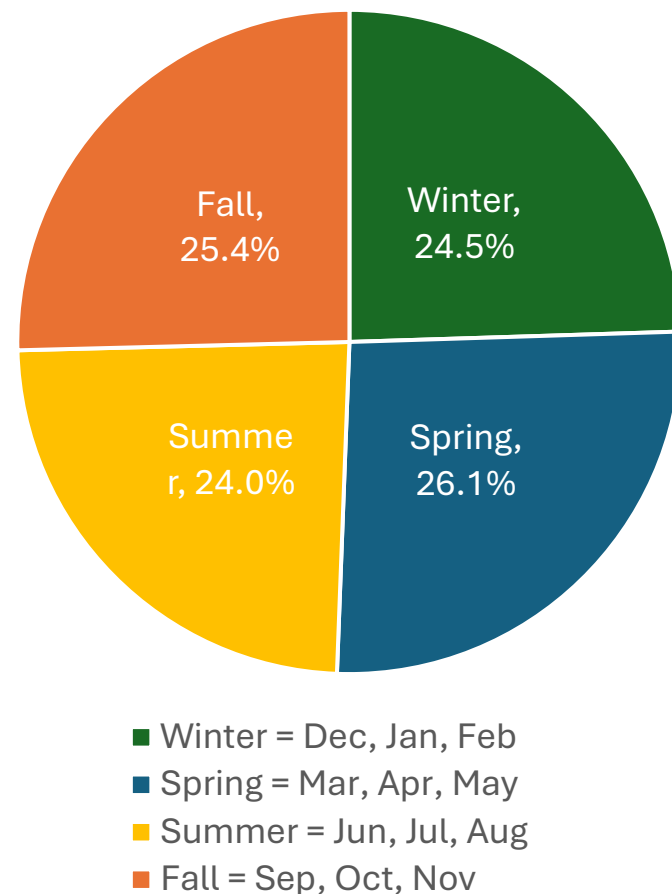


There are no significant seasonal differences in ED visits for **suicide attempts**.

Average Suicide Attempt ED Visits per Month, 2020-2024

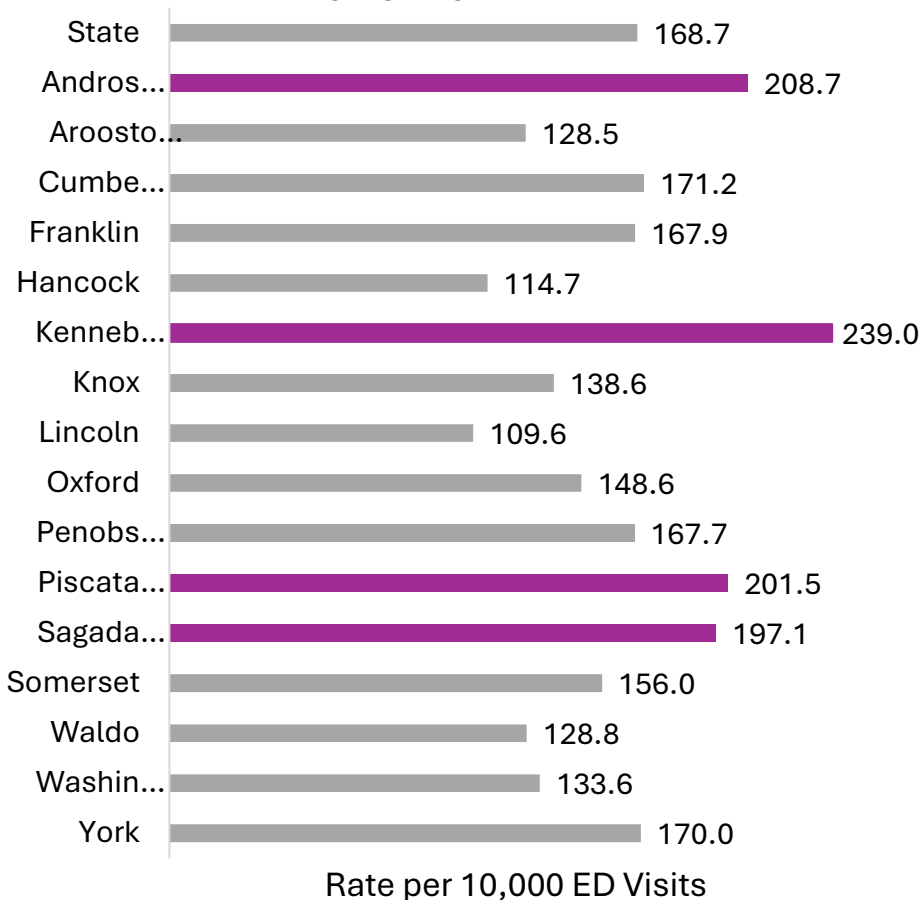


Percentage of Attempt ED Visits by Season, 2020-2024

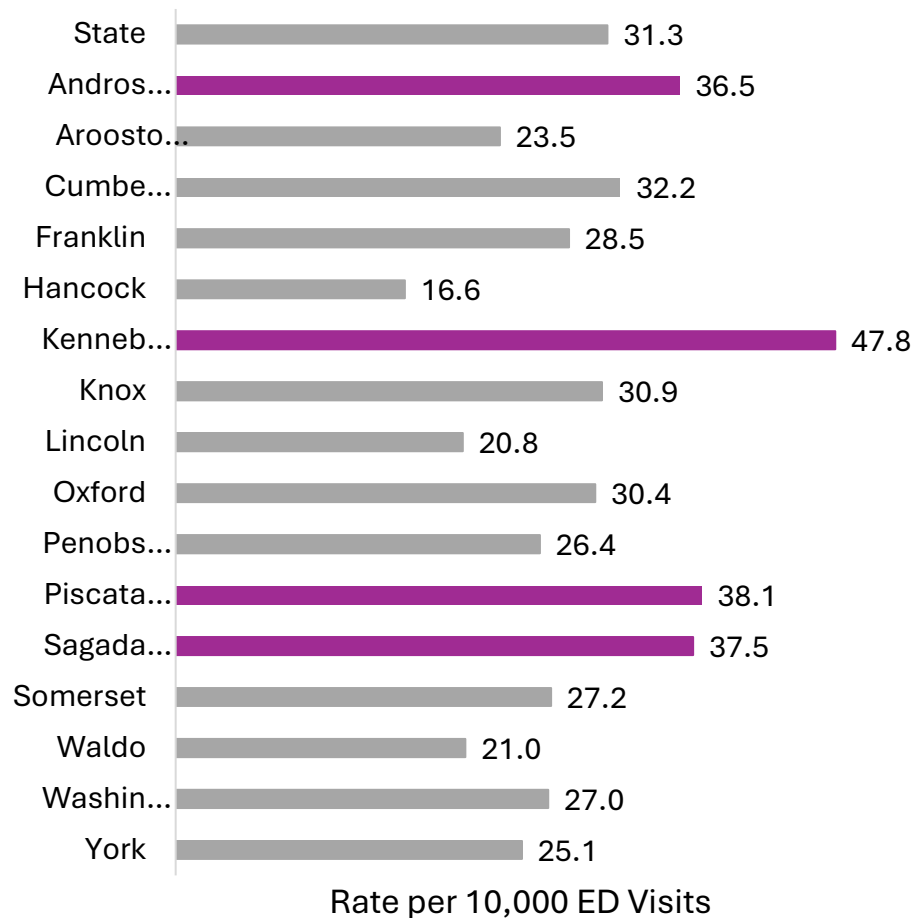


Counties with the highest rates of suicide related ED visits and suicide attempt ED visits for all ages include Kennebec, Piscataquis, Sagadahoc and Androscoggin.

Rate of **Suicide Ideation and Attempt** ED Visits by County, 2020-2024

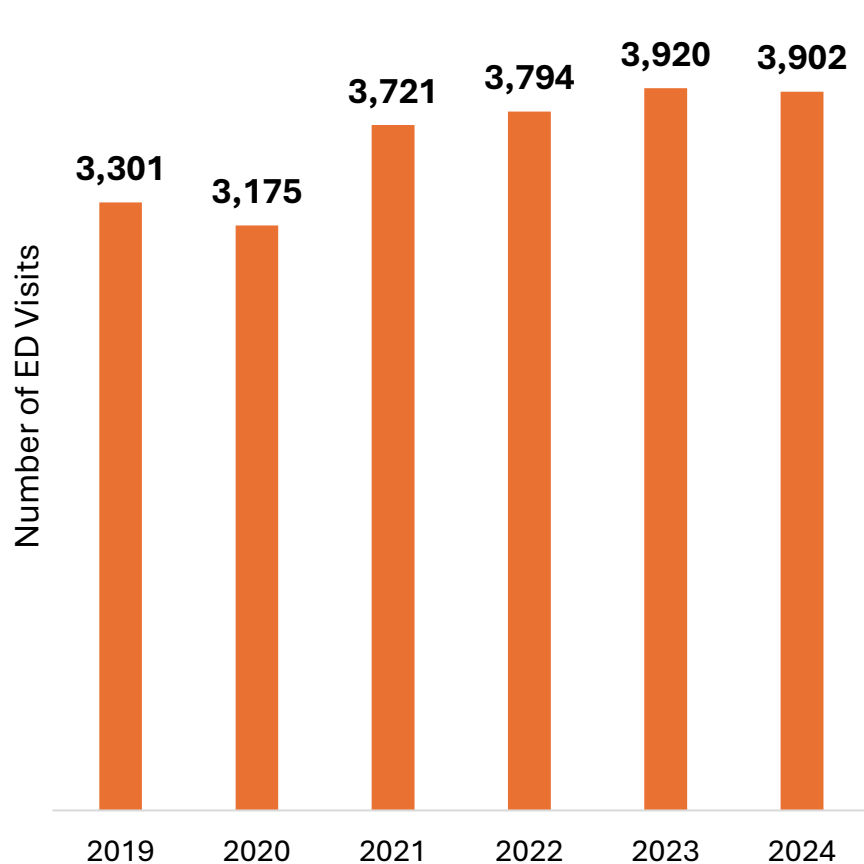


Rate of **Suicide Attempt** ED Visits per County, 2020-2024

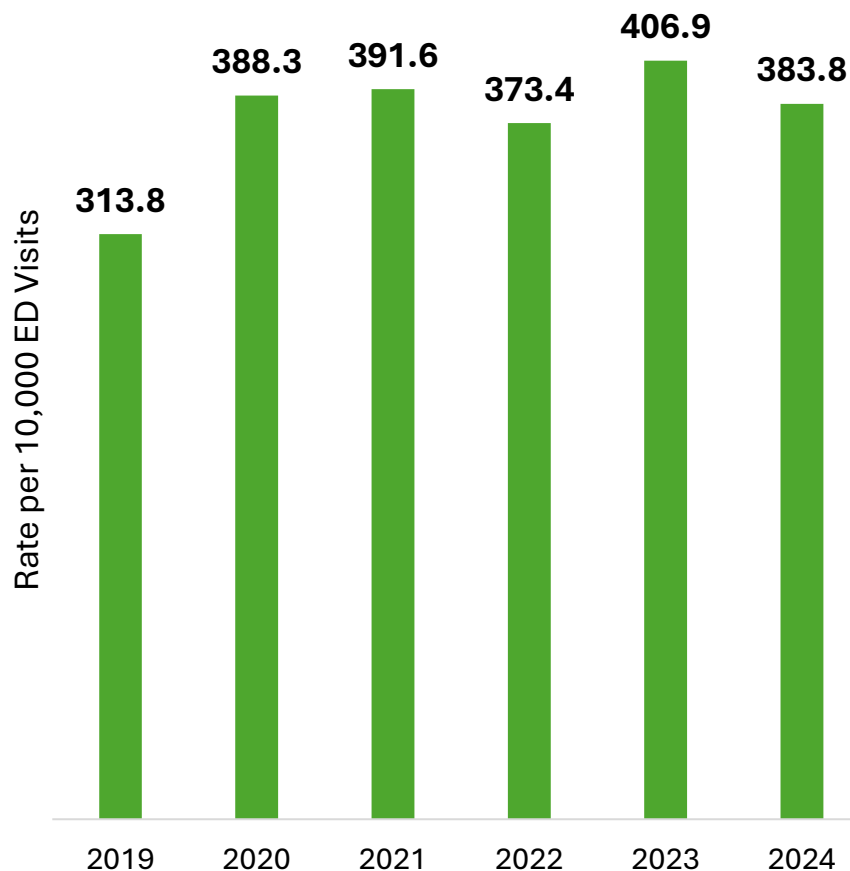


The **number** and **rate** of youth ED visits for **suicide ideation and attempts** were highest in 2023.

**Number of Youth (10-24)
Suicide ED Visits**

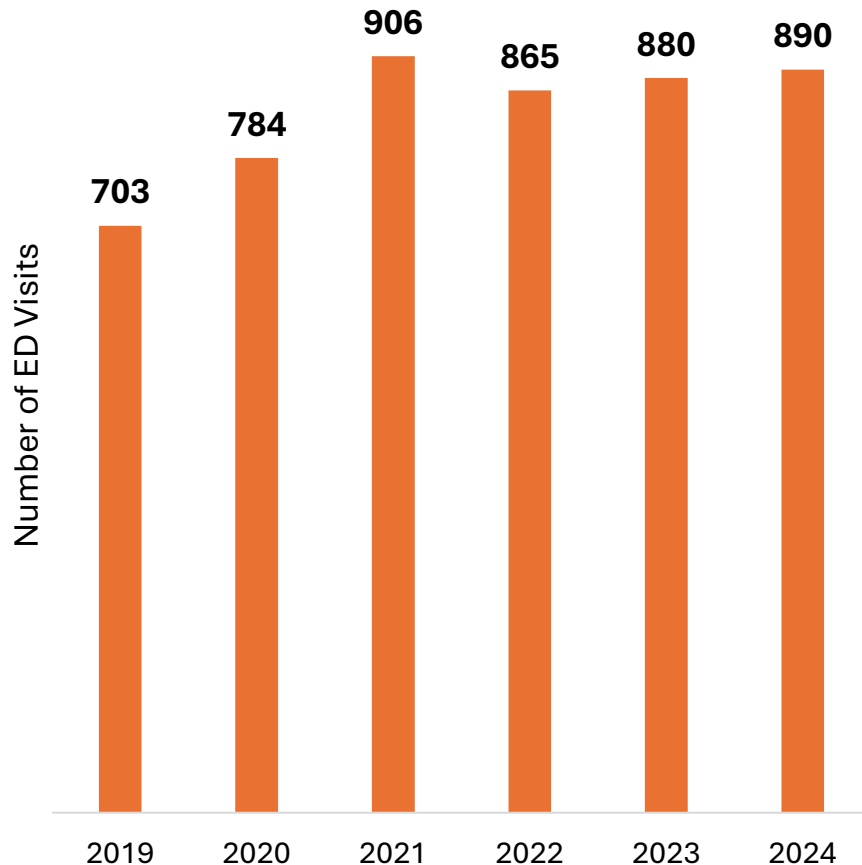


**Rate of Youth (10-24) Suicide
ED Visits**

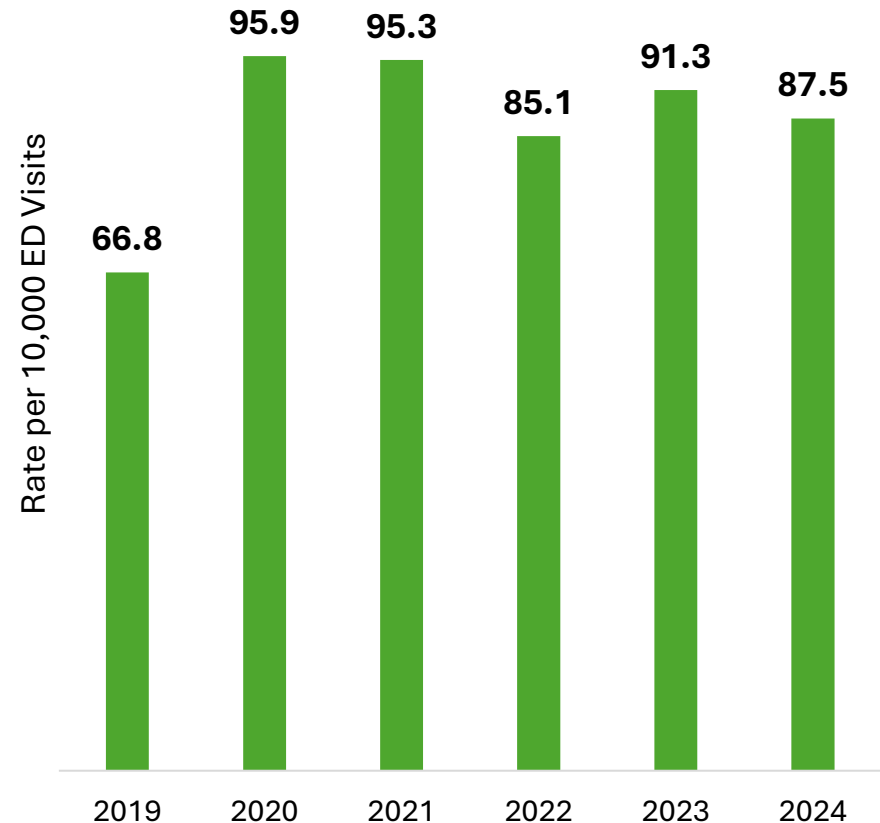


2021 had the highest **number** of youth **suicide attempts**; **Rates** increased in 2020 and have remained high since.

**Amount of Youth (10-24)
Suicide Attempt ED Visits**

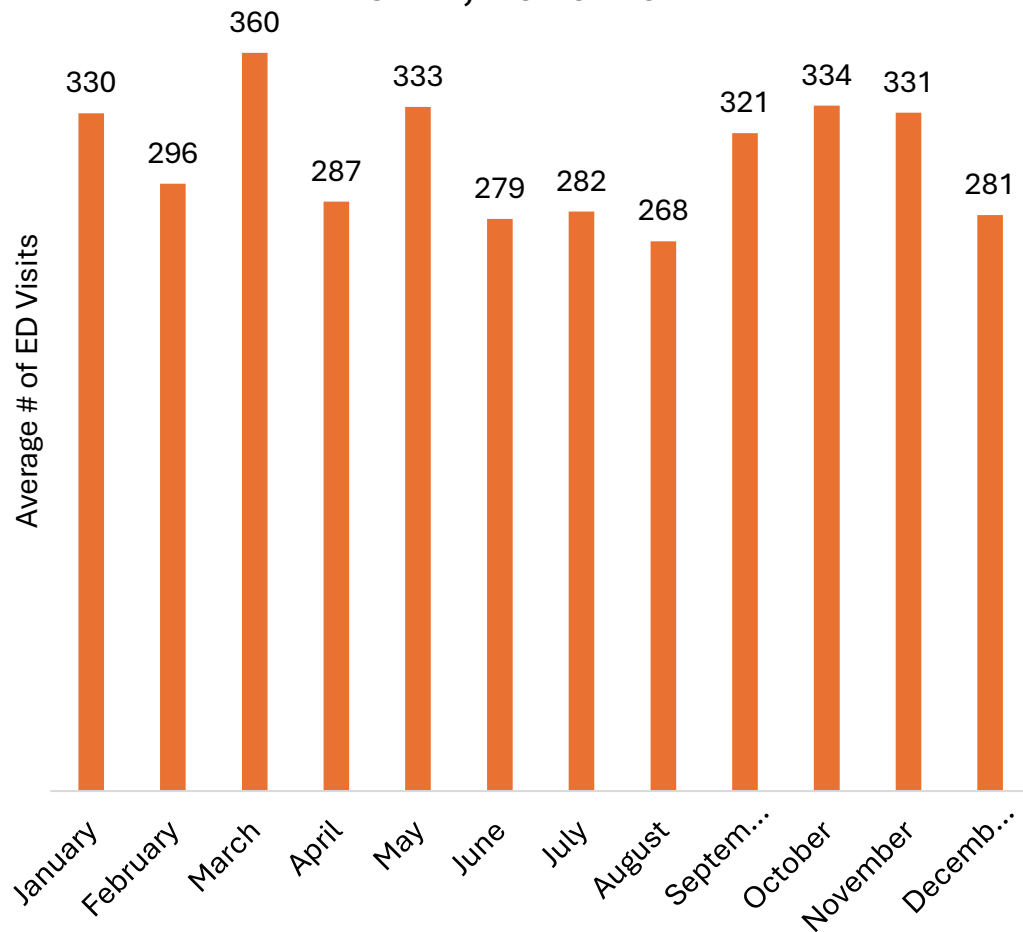


**Rate of Youth (10-24) Suicide
Attempt ED Visits**

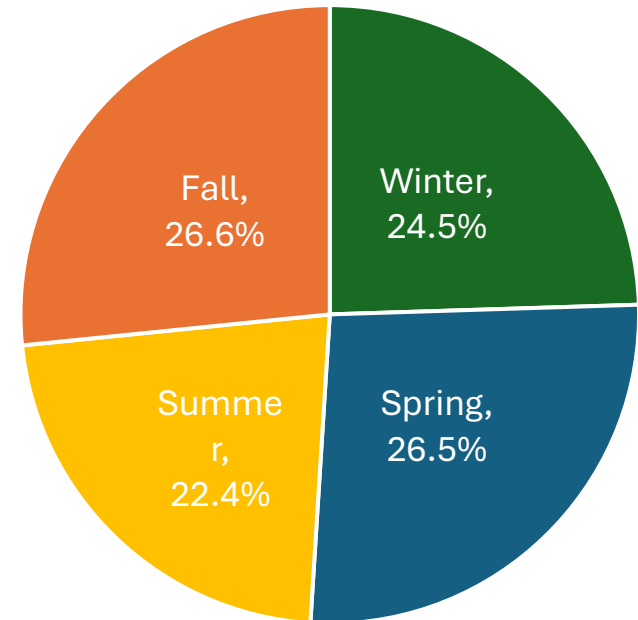


There are no significant seasonal differences in ED visits for youth ideation and attempts.

Average Youth Suicide ED Visits per Month, 2020-2024



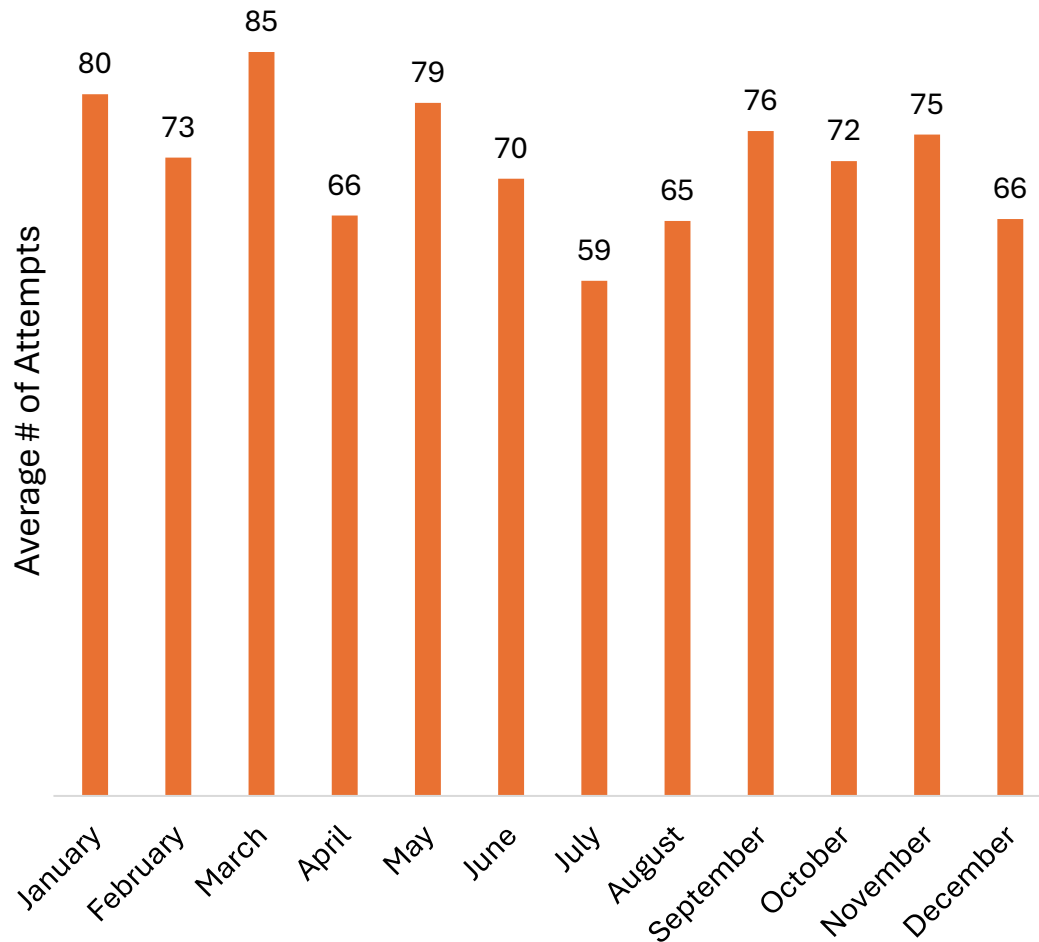
Youth Suicide ED Visits by Season, 2020-2024



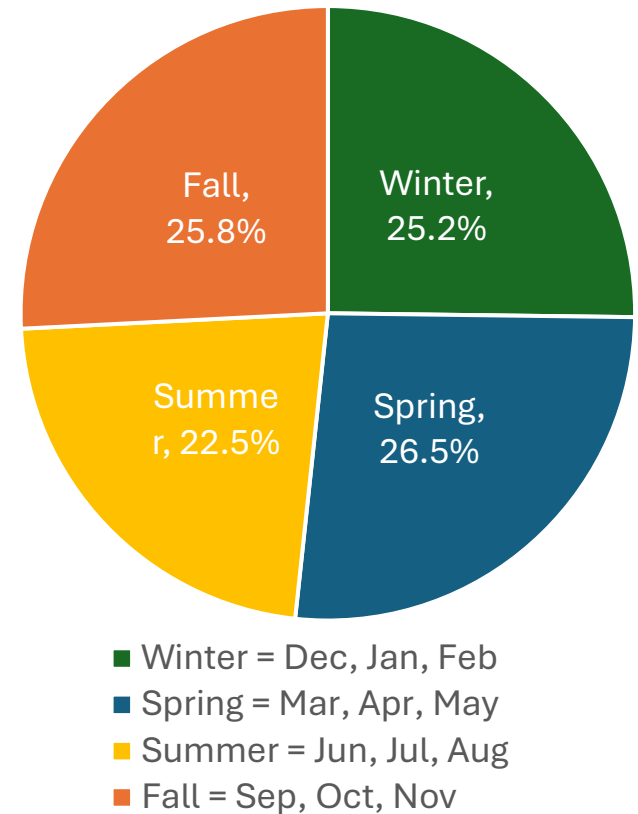
- Winter = Dec, Jan, Feb
- Spring = Mar, Apr, May
- Summer = Jun, Jul, Aug
- Fall = Sep, Oct, Nov

Youth ED visits for **suicide attempts** have no significant seasonal differences.

Average Youth Suicide Attempt per Month, 2020-2024

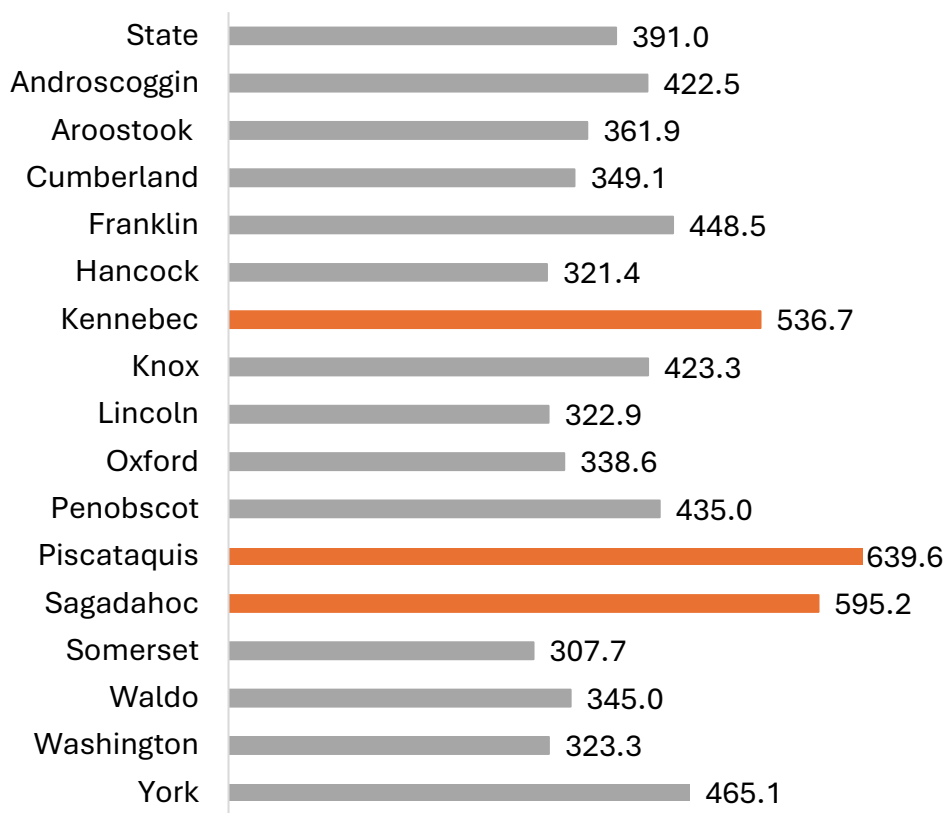


Youth Attempt ED Visits by Season, 2020-2024



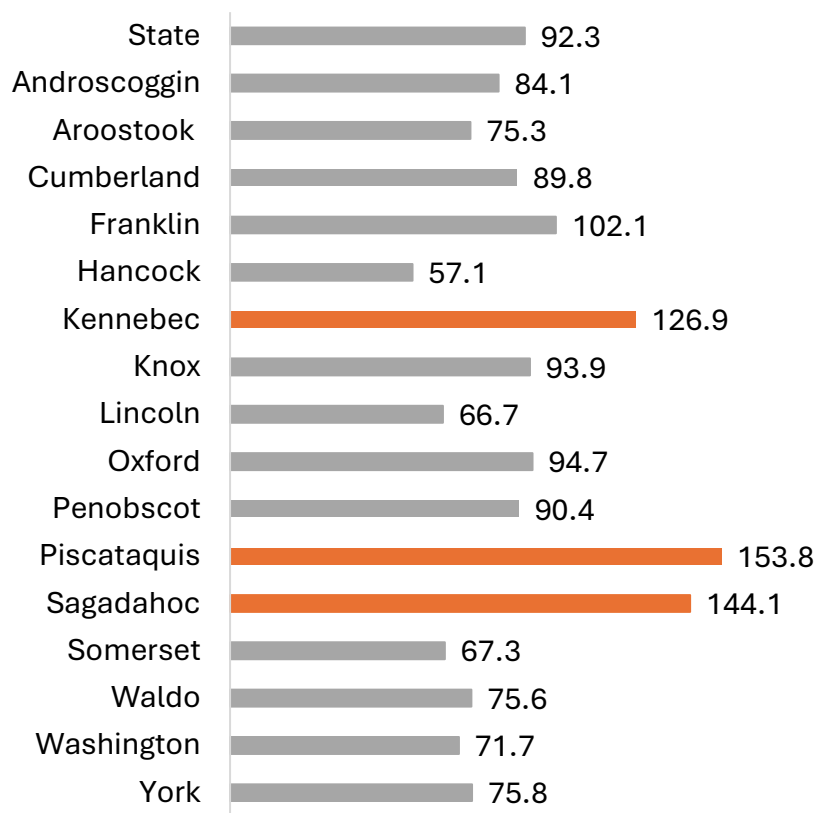
Counties with the highest rates of youth suicide related ED visits include **Piscataquis, Sagadahoc, and Kennebec.**

Rate of Youth (10-24) Suicide Ideation and Attempt ED Visits by County, 2020-2024



Rate per 10,000 ED Visits

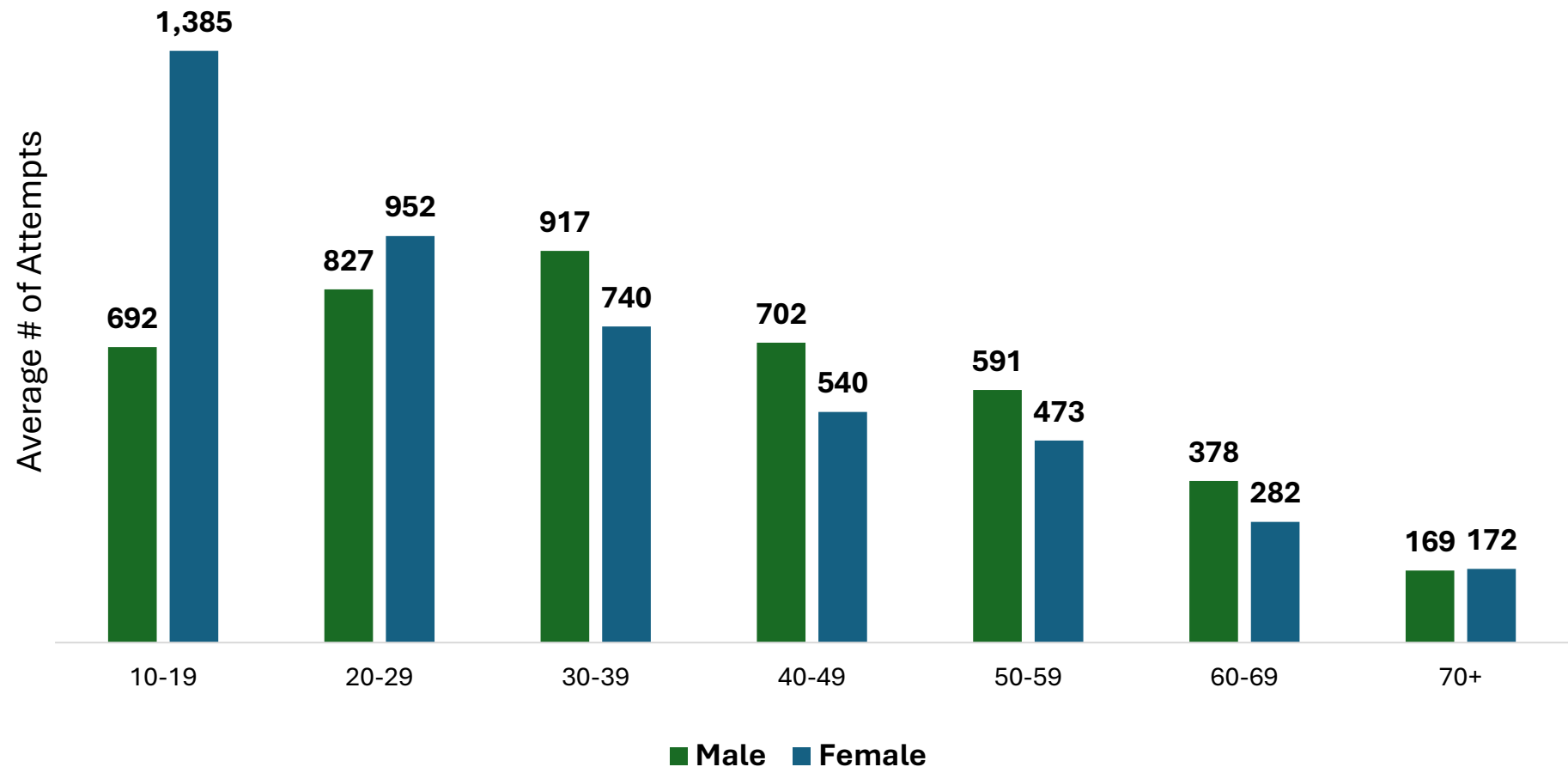
Rate of Youth (10-24) Suicide Attempt ED Visits by County, 2019-2023



Rate per 10,000 ED Visits

Women ages 10-29 have more ED visits for **suicide ideation and attempts**, but **men ages 30-69** have more ED visits than women.

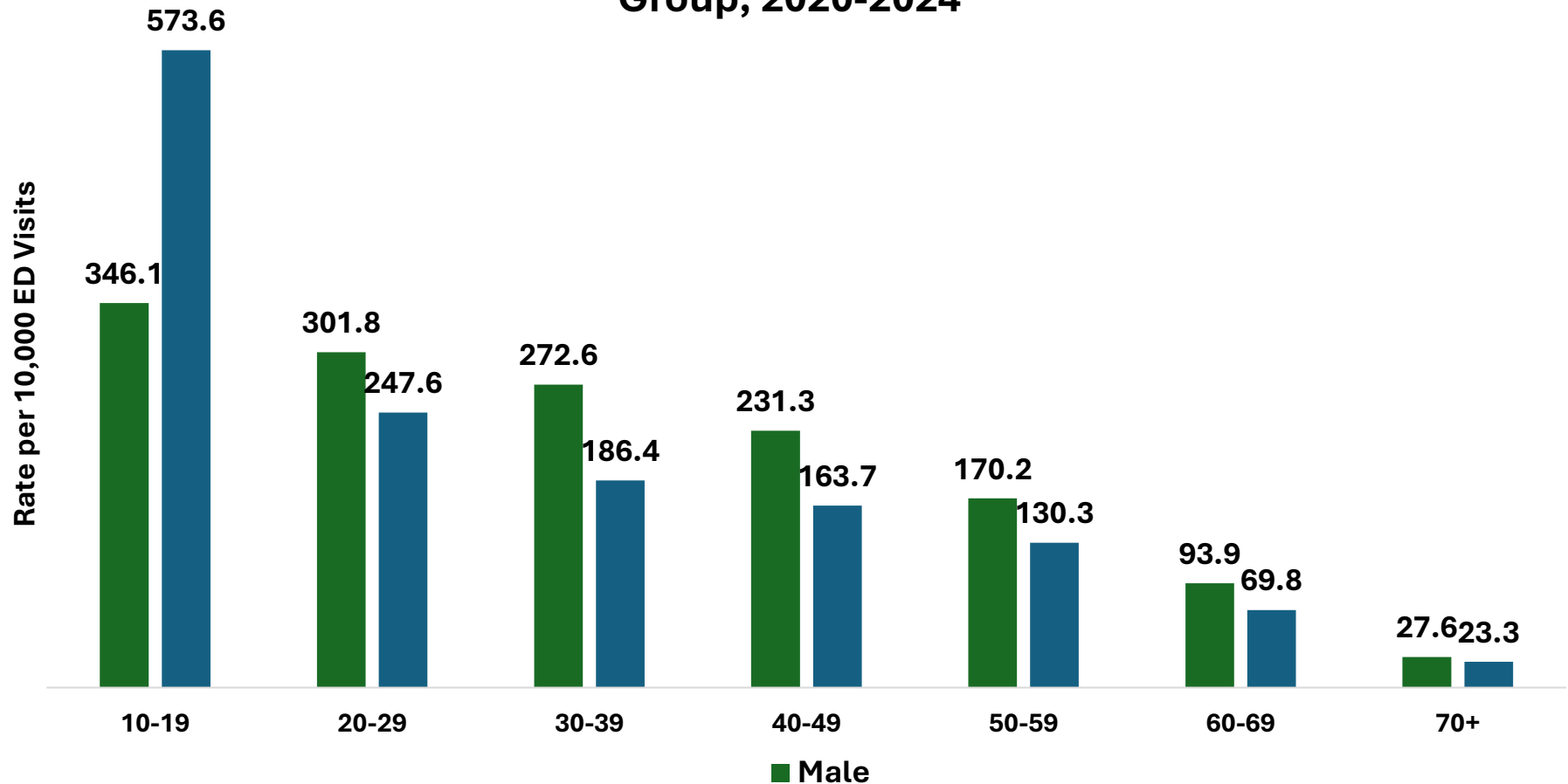
**Average Annual Number of Suicide Ideation and Attempt ED Visits
per Age Group, 2020-2024**



Data source = ESSENCE – NSSP; ICD-10 Codes Included: R45.851, T14.91, X71-79, X80-83, T36-39, T40-59, T60-T65, T71

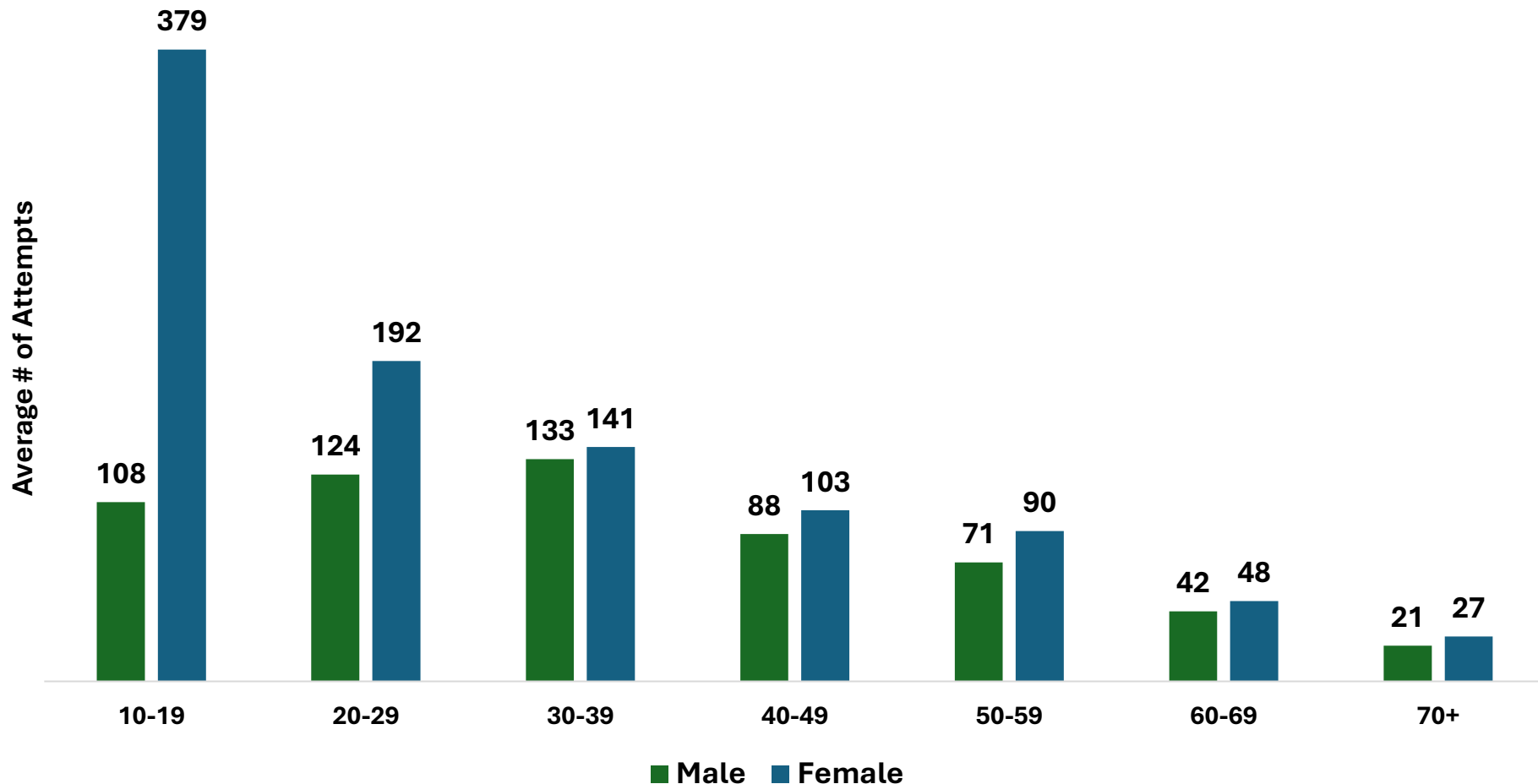
Women have a higher rate of **suicide ideation and attempt** ED visits during childhood/adolescence, but **men** have higher rates in their 20s and beyond.

Rate per 10,000 of Suicide Ideation and Attempt ED Visits by Age Group, 2020-2024



Overall, **women** have more ED visits than **men** for **suicide attempts** across all age groups.

Average Annual Number of Suicide Attempt ED Visits by Age Group, 2020-2024



Overall, **women** have higher rates of **suicide attempt** ED visits than **men**, except ages 30-39 when **men** have higher rates.

Rate per 10,000 of Suicide Attempt ED Visits per Age Group, 2020-2024

