



ONLINE RESOURCES FOR THOSE HELPING SURVIVORS OF SUICIDE LOSS

2024

[988 Suicide & Crisis Lifeline](#). This website provides some resources for those who are grieving as well as those who are supporting those bereaved by suicide. Also, mental health information and guidance for many populations in regard to suicide.

[Alliance of Hope for Suicide Loss Survivors](#). Many resources and materials, a blog, articles, and tips for new survivors.

["Supporting Children and Teens After A Suicide Death"](#) webpage with various resources and materials.

[American Association for Suicidology](#). (AAS) The AAS promotes the understanding and prevention of suicide and supports those who have been affected by it.

[How To Support Survivors of Suicide Loss: A Guide to Being There in the Aftermath](#). Blog

[American Foundation for Suicide Prevention](#). (AFSP)

["Children, Teens, and Suicide Loss"](#) downloadable booklet.

[The Center for Grieving Children](#). The Center is based in Portland, Maine. Multiple resources (activities, articles, webinars, support groups, and 1:1 grief support telephone calls) for survivors and those who are supporting them.

["Responding to Change and Loss: In support of Children, Teens, and Families"](#) National Alliance for Children's Grief.

["What to Tell Children About Suicide" Center for Grieving Children](#).

[The Dougy Center](#) This website has many resources for griever of all ages, caregivers, and providers including downloadable toolkits and other materials, podcasts, videos, articles, activities, and training opportunities.

["Supporting Children and Teens after a Suicide Death"](#) Downloadable document about supporting children and teens.

[Grief Talks: Caring Place Webinars](#). "GRIEF TALKS" is a series of educational webinars hosted by Caring Place staff members — experts with many years of experience working with grieving children, teens, and families. These seminars focus on a wide range of topics around grief and support, including suicide loss.



[NAMI Maine](#). The [After Suicide or Traumatic Loss](#) webpage, which is part of the Suicide Prevention program, offers guidance and resources for survivors of suicide loss as well as those who support them. This page will be expanded in 2024, so look periodically to see what is new.

[National Child Traumatic Stress Network](#). This website offers information and resources pertaining to traumatic grief in children. Resources are targeted to various providers and individuals (parents, children, mental health clinicians, schools, media, etc.)

[National Alliance for Children's Grief](#) (NACG). This website is offered in multiple languages and has many resources for those who are bereaved and/or caring for the bereaved including podcasts, webinars, articles, a "[family portal](#)", and a [resource library](#).

["Supporting Children Who Are Grieving a Death by Suicide"](#). downloadable booklet.

[National Alliance on Mental Illness](#) The NAMI website has various resources about suicide loss, including videos and blogs.

[Suicide Awareness Voices of Education](#) (SAVE) This website offers several 1-page resources for those who are bereaved or are helping someone who is bereaved by suicide.

["Providing Support to Someone Experiencing Suicide Loss"](#)

[Support After Suicide](#). This website is based out of the UK and offers useful information to both survivors and those who are helping survivors of suicide loss.

["Finding the Words: How to support someone who has been bereaved and affected by suicide"](#)

[Talk Away the Dark](#). (American Foundation for Suicide Prevention). Helpful tips to help navigate conversations with survivors of suicide loss in a compassionate and responsible way.

[Uniting for Suicide Postvention](#) (UFSP). UFSP, a program of the US Department of Veterans Affairs, offers suicide loss resources such as podcasts, videos, training, and articles for the [community](#), for [providers](#), and for the [workplace](#).

[What's Your Grief](#) website. "Grief support for the rest of us. You don't have to grieve alone. What's Your Grief? is a place for grief articles, courses, creativity, sharing, community & more."

NOTE: It is also helpful to become familiar with some of the websites and materials specifically for survivors of suicide loss.