IMPROVE YOUR SCHOOL Community

POSITIVE MENTAL HEALTH

Bring it to Your School Today!

MISSION & PROGRAM

The mission of Sources of Strength is to PREVENT SUICIDE by increasing help seeking behaviors and PROMOTING CONNECTIONS between peers and caring adults.

Trained STUDENT LEADERS guide suicide prevention and mental health awareness campaigns focused on resiliency and hope, by EMPOWERING STRENGTH in each other.

NAMI Maine

QUESTIONS?

Call Lily Barter, Coordinator of Youth Education, at (800) 464-5767 x 2308 or reach out via the options below...

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