| Risk Factors | PERPETUATING CONDITIONS (Unchangeable) | PREDISPOSING CONDITIONS (of Serious Concern) | PRECIPITATING CONDITIONS (Acute) |
|-------------------------|--|--|---|
| FAMILY | Family history of suicide, mental illness, substance abuse Race Gender | Unrealistic parental expectations Abuse (emotional, physical, sexual) | Major family conflict Exposure to suicide of family member Anniversary of death Moving often |
| PERSONAL BEHAVIORAL | •Loss through death, aban- donment, divorce | Previous suicide at- tempt Mental illness Substance abuse Extreme Perfectionism Poor coping/social skills Impulsive | Current acute Mental Illness Severe stress/anxiety Isolation Rejection Relationship break-up Increased use of substances |
| ENVIRONMENTAL SOCIAL | Inconsistent, neglectful or abusive parenting Sexual orientation Gender identity | Experience of repeated loss Chronic severe stress Ongoing harassment | Active suicide cluster in community Access to lethal means Bullying, harassment Loss of freedom (e.g., incarceration) |