For whatever is on your mind, we’re here to listen. Talk about your feelings and get support from someone like you. No problem is too small. **You are not alone!**

**Text us at 207.515.8398**

This peer support text line is for youths 13-23 years old and staffed by individuals under 24.

**We’re here for you every day from 2pm - 10pm EST**

This is not a crisis line. If you believe that you or someone you know could be in crisis, please do not hesitate to call or text **Maine’s Statewide Crisis Line: 888.568.1112** - Available 24 hours a day, 7 days a week. -

This awareness campaign is sponsored by the Maine Masonic Charitable Foundation

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